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EMMA ROSEN

MEDIA KIT



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EMMA ROSEN

A work happiness expert, Emma published *The Radical Sabbatical* in January 2019, which won the FT's Business Book of the Month. She has spoken to over 20,000 people around the UK through events, conferences, businesses, schools and universities, as well as giving two TED talks; she regularly writes articles for the press, gives interviews on TV, radio and podcasts. In her spare time, she is an avid hiker and climber, training to be an expedition leader.

MY STORY

In September 2016, Emma launched her career through her first project, 25before25. She spent a year trying 25 jobs before her 25th birthday through short-term work experience placements.

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100K



8K



1.5K



1K

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